



Hi, {{ contact.FIRSTNAME }}

Rahm Report

The world around us is a beautiful and intricate web of life that has evolved over billions of years. That being said, it's our job as people to ensure that we don't disrupt this fragile balance. Sustainability is an important concept when it comes to protecting the environment, animals, and people alike.

At Root Brands, we recognize how important sustainability is and make sure that our products are in line with these ideals. Not only do we strive to create products that use natural ingredients, but we also take steps to make sure they are sourced in an ethical manner. Additionally, our commitment to sustainability goes beyond just our company—we also look for ways to support local communities and promote education on the importance of sustainability.

Our mission isn't just about creating healthier lives today; it's also about providing longer and better lives for future generations. We understand that by taking the right steps now towards sustainability, we can help create a better tomorrow. This means understanding how our actions today can have long-term effects on the environment and helping individuals become more aware of their own part in preserving it.

We recognize that protecting our planet affects more than just the outdoors — it affects people too! That's why our mission is to create products that promote health without sacrificing sustainability, so everyone can enjoy the benefits of a healthy lifestyle without compromising on their values. We take pride in using sustainable practices across all levels of production at Root Brands. We also strive to use biodegradable ingredients in our products whenever possible so that they won't be left behind after they are used up—this includes things like plant-based oils or preservatives derived from natural sources. Finally, Root Brands recognizes how important animal welfare is for all of us who share this planet together! And we are committed to using cruelty-free ingredients.

At Root Brands, we believe in leading by example when it comes to sustainability—we want to show others the importance of taking care of Mother Nature while still enjoying her generous gift of healthful foods and supplements!

With Peace and Love,

Dr. Christina Rahm

Out Of Stock/Shipping Delays

Australia - We are working on getting Give Me Back My Youth released from customs. We will continue to split orders until we find a solution with customs.

Triad Aer - We are working on fulfilling all back orders of Triad units in the EU.

Spain, Ireland, Sweden, Portugal - We have emailed 150 customers about an error with shipping. Our shipping partner in the UK shipped packages that our Germany shipper already sent by mistake. If you have received information about customs due to this being shipped from the UK please refuse and deny this shipment.

Please reach out if you have any questions
hello@therootbrands.com

UK Shipping

We have heard from several of our UK customers about our shipping method with Evri. We are currently monitoring the strikes with Royal Mail before we make the decision to go back to using them to ship our products to you. Evri, over the last 2 months has had a large increase in business due to the strikes with Royal Mail. We do not want to make the decision to move back to Royal Mail and the union decides to have another strike. We will continue to monitor and keep the community up to date.

ROOT Round Tables

Below is a tentative list of travel for the next few months. As spoken on a few calls, Dr Rahm is wanting to host round tables if Ambassadors are available to attend while we are in a city near them. Please note that this is tentative and liable to change.

Los Angeles	Jan 14/15 (LA Fit Expo- <i>If you are interested in attending or know someone who is we have 1 day passes available</i>) Please reach out to Patrick@therootbrands.com
Switzerland	Jan 15-20
Nashville	Jan 20-21 (Pastor Dave Event)
New York	Feb 9-15 (Fashion Week)
Israel	Feb15-20
Monaco	March 20-22

ROOT Round Tables Details for EU

Munich - January 15th Sunday - The Mandarin Oriental,
Address: Neuturmstrasse 1, 80331 Munich, Germany
Time - 3:00 pm

Davos - We are currently working on the details of a meeting while the team is there. Please note that security and hotel space is very limited so we are doing what we can in between meetings and speaking engagements.

This Weeks Meetings

Due to travel we will be canceling all meetings this week. Please reach out if you have any questions.

COMPLIANCE STATEMENT



Root Wellness
116 Wilson Pike Circle Suite 100
Brentwood, TN, 37027

December 9, 2022

Dear Root Ambassador:

Congratulations on being a Root Ambassador! Along with the benefits of being an Ambassador come some very important responsibilities. It is critical and imperative for each of you to adhere to certain rules of behavior and this includes marketing Root products per regulatory laws which Root follows. There should never be claims that the Root products cure or prevent any illness or diseases. Root requires that in any of your written statements or presentations of the Root Brand or Root Wellness LLC that you conspicuously include the following advisory language:

"The information provided is for educational purposes and is not intended as medical advice or a substitute for the medical advice of a physician or other qualified health care professional. We do not aim to diagnose, treat, cure or prevent any illness or disease. You should always consult with a doctor or other health care professional for medical advice or information about diagnosis and treatment. The information in this presentation has not been evaluated by the Food & Drug Administration or any other medical body."

This language is obligatory. Failure to remedy any violations immediately after having been warned will result in the immediate suspension of your account. In the event you have questions about this, please feel free to contact me.

Very truly,

Root Wellness LLC Legal and Executive teams!

SCIENCE CORNER



Sea Moss

is a spiny sea vegetable that is primarily harvested for use in health supplements. Sea moss is a type of algae or seaweed. Sea moss grows in numerous colors such as different shades of green, yellow, purple, red, brown, and black. Sea moss is low in calories and fat and contains a small amount of protein. It offers a variety of vitamins and minerals and is a good source of iodine and antioxidants. Sea moss may support thyroid health because it is rich in iodine, a micronutrient necessary for healthy thyroid function. It may also support immunity and studies have found that supplemental

seaweed improved immune modulation and immune response. Sea moss is rich in fiber and alive bacteria, both of which support a healthy gut microbiome. You can consume sea moss in supplemental or powder form or use raw sea moss to make gel at home. You can consume this on its own or add it to smoothies and other foods and beverages.



Medical Disclaimer

The information provided is for educational purposes only and is not intended as medical advice or a substitute for the medical advice of a physician or other qualified health care professionals. This information is not to be used for self-diagnosis. Please always consult with your doctor for medical advice or information about diagnosis and treatment. Statements have not been evaluated by the Food and Drug Administration (FDA). These products are not intended to diagnose, treat, cure, or prevent any disease. ROOT is a company founded on improving people's understanding of how toxins and chemicals can harm your health. Instead of focusing on symptoms, ROOT targets the underlying root cause with natural wellness.

The Root Brands

116 Wilson Pike Circle Suite 100, 37027, Brentwood

Website: <https://therootbrands.com>

hello@therootbrands.com

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