

Hi, {{ contact.FIRSTNAME }}

Rahm Report

I hope everyone is having an amazing summer and spending lots of time with family and friends! There are so many amazing people to know and things to do in this life, we need to take the time to experience as many people and as many experiences as possible if we remain true to ourselves during our lives on this earth.

What does that mean, to remain true to ourselves? I think that means something different to each of us. We are each different and we each have different goals, missions, passions, loves, and realities. However, regardless of our differences, the health of our mind, body, spirit, and soul is of utmost importance. To be true to oneself, regardless of our differences, will always include our health. This is true because, without our health, we cannot do what we need or want to do in life to achieve happiness and success.

The foundation of THE ROOT BRANDS is not just based on physical health. The foundation and mission of THE ROOT BRANDS have also always included the focus on helping others achieve the highest and greatest advancements in their physical, mental, emotional, psychological, spiritual, and financial aspects of life.

I have also always had this focus and mission. My book, "Cure the Causes," is based on this premise. I talk a lot in the book about getting rid of the toxins in our lives. I talk about eradicating the toxins out of our physical bodies, as well as out of our personal and professional lives. THE ROOT BRANDS provides products to others that help give a "jump-start," to this entire premise. By helping the mind, body, and spirit to eradicate toxins through CLEAN SLATE and RELIVE GREENS, we assist people with realizing their full potential in life. By giving the community RESTORE, NATURAL BARRIER SUPPORT, and ZERO-IN, we allow the body to move towards greatness by assisting ourselves to be at its highest performance possible.

I do not know about you, but I don't want to live a marginal life. I want to live a maximum life. By using ingredients like Spirulina, Turmeric Root, Velvet Bean Extract, Pine Bark, etc, we are assisting people to achieve what they want in life and to remain true to what they want to be and do like living life to the MAXIMUM. We have so much to offer to help people one person at a time. Each person is special and by using personalized supplements targeted to each body, we are helping do this.

In life, there are good and bad things. Viruses are not the only thing that can target people and change someone's body. There is a good side too! ROOT is part of the good side. We are targeting the body to change, one step at a time day by day. WE are helping change the body for the better and to get rid of the toxins that keep us at a disadvantage, ROOT is the company that changes the disadvantage to an advantage for living life.

Have an amazing week!
Dr. Christina Rahm

SPECIAL ANNOUNCEMENT

Contacting Customer Service

Please note that you can no longer start a new conversation from an old email with us. You will have to go to our contact us page, directly email info@therootbrands.com, or use our chat feature on the bottom of the website. We have received a few question in the old platform. We will be shutting down that account this week so please communicate with your community that they will need to start a new conversation with us.

Sponsor Moves

Just a reminder we are not doing any moves unless it falls within 1 week of a registration and it was an error. Please do not reach out asking if it is outside of that date range.

New Facebook Page

We have moved to a new facebook page. If you are active on Facebook please make sure to give the page a follow by clicking below. We will no longer be active on our old page TheROOTBrand.

[Click here to follow us!](#)

Out Of Stock/Shipping Delays

Zero In - Due to the overwhelming demand and to ensure that we continue to serve our RPS members we have opened up Zero-In, Duo Pack, and The Family Pack for RPS orders only. All customers can create an RPS order of any of the above items. We have another very large batch of Zero-In currently being produced.

Australia/New Zealand - We have not heard back from our customs agent on the release of Zero-In. We are not sure when it will be released. We have sent in multiple sets of data to get it released. We will notify you when we hear back. We are so very sorry for these delays.

Please reach out if you have any questions
Info@therootbrands.com

ROOT Prime Members Call

Our Next RPS call will be August 1st, Monday 1pm CDT

Country Call Schedule

July 27th/28th - Australia (Special time tbd)
August 3rd - Break
August 10th - United Kingdom
August 17th - US/Canada

Compliance Statement

All members of the ROOT Community must adhere to our strict company guidelines, and refrain from making medical claims or providing medical advice in conjunction with ROOT Wellness and our products, either verbally or in print. As a reminder, we are posting the FDA guideline below.

The following is an example of what you can use in your correspondence with customers:

The information provided is for educational purposes and is not intended as medical advice or a substitute for the medical advice of a physician or other qualified health care professional. We do not aim to diagnose, treat, cure or prevent any illness or disease. You should always consult with a doctor or other health care professional for medical advice or information about diagnosis and treatment. The information in this presentation has not been evaluated by the Food & Drug Administration or any other medical body.

FAILURE TO REMEDY OR RESPOND ONCE WARNED WILL RESULT IN SUSPENSION OF YOUR

WEEKLY CALL SCHEDULE

MONDAY



ROOT University - Ambassador training with Clayton Thomas

Zoom link:
[https://us02web.zoom.us/j/84692612526?](https://us02web.zoom.us/j/84692612526?pwd=dU1yR1kza2o2ZDQrK2hnOFhINi9lQT09)
[pwd=dU1yR1kza2o2ZDQrK2hnOFhINi9lQT09](https://us02web.zoom.us/j/84692612526?pwd=dU1yR1kza2o2ZDQrK2hnOFhINi9lQT09)

Find your local number to dial in by phone:
<https://us02web.zoom.us/u/kdTB10og1w>

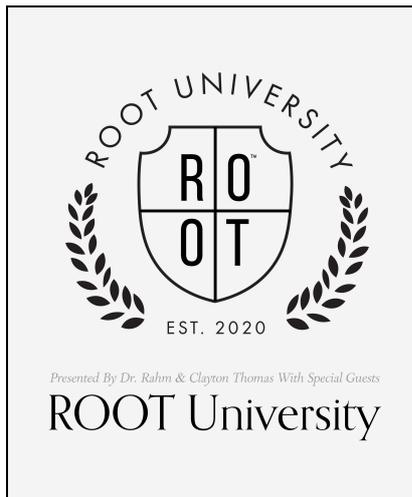
Meeting ID: 846 9261 2526
Passcode: 891630

Interpreters: German, Czech Republic, Slovenia

Time:
10:00 AM PDT
11:00 PM MDT
12:00 PM CDT (Nashville)
1:00 PM EDT
5:00 PM Ghana
6:00 PM GMT (UK, Nigeria)
7:00 PM CET, WAT (Netherlands, Germany, South Africa)
9:00 PM (Dubai)
3:00 AM (Thursday) AEDT Melbourne

[Click Here To Join](#)

TUESDAY



ROOT University with Dr Rahm and Clayton Thomas

Zoom Link:
[https://us02web.zoom.us/j/89849245403?](https://us02web.zoom.us/j/89849245403?pwd=bUFaZXFBMjR1UDVKOUe5RnNXbSs5UT09)
[pwd=bUFaZXFBMjR1UDVKOUe5RnNXbSs5UT09](https://us02web.zoom.us/j/89849245403?pwd=bUFaZXFBMjR1UDVKOUe5RnNXbSs5UT09)

Find your local number to dial in by phone:
<https://us02web.zoom.us/u/kdX0pBQuMR>

Meeting ID: 898 4924 5403
Passcode: 394499

Interpreters: German, Czech Republic, Slovenia

Time:
11:00 AM PDT
12:00 PM MDT
2:00 PM CDT (Nashville)
3:00 PM EDT
7:00 PM Ghana
8:00 PM GMT (UK, Nigeria)
9:00 PM CET, WAT (Netherlands, Germany, South Africa)
11:00 PM (Dubai)
5:00 AM (Thursday) AEDT Melbourne

[Click Here To Join](#)

WEDNESDAY



Join us on Instagram Live!

Tune in to Dr. Christina Rahm's Instagram for a Q & A with her and Clayton Thomas

Time:
9:00 AM PDT
10:00 AM MDT
11:00 AM CDT (Nashville)
12:00 PM EDT
4:00 PM Ghana
5:00 PM GMT (UK, Nigeria)
6:00 PM CET, WAT (Netherlands, Germany, South Africa)
8:00 PM (Dubai)
2:00 PM (Thursday) AEDT Melbourne

[Click Here To Join](#)



Country Call- Slovenia

Zoom link below:
[https://us02web.zoom.us/j/81442997826?](https://us02web.zoom.us/j/81442997826?pwd=RjZRczlhNXpjYStQjVJNXI1YUlsUT09)
[pwd=RjZRczlhNXpjYStQjVJNXI1YUlsUT09](https://us02web.zoom.us/j/81442997826?pwd=RjZRczlhNXpjYStQjVJNXI1YUlsUT09)

Find your local number to dial in by phone:
<https://us02web.zoom.us/u/kcfV2rXBh7>

Meeting ID: 814 4299 7826
Passcode: 820633

Time:
1:00 PM CDT (Nashville)
8:00 PM Slovenia

[Click Here To Join](#)

SCIENCE CORNER



Barley Grass

Is often referred to as a superfood because it is rich in a variety of important nutrients. It is a rich source of vitamin A, a fat-soluble vitamin that regulates immune function, cellular growth, and vision. It is also high in vitamin C, which plays an essential role in everything from skin health to wound healing. It also provides vitamin K, an essential micronutrient that is needed for blood clotting, bone formation, and heart health. Barley grass is also rich in polyphenols and flavonoids. These compounds act as antioxidants that reduce oxidative stress and protect against chronic disease. Barley grass can be incorporated into the diet by adding it to juices and smoothies via powder form. ROOT's ReLive Greens is an excellent way to incorporate barley grass into your diet.



Medical Disclaimer

The information provided is for educational purposes only and is not intended as medical advice or a substitute for the medical advice of a physician or other qualified health care professionals. This information is not to be used for self-diagnosis. Please always consult with your doctor for medical advice or information about diagnosis and treatment. Statements have not been evaluated by the Food and Drug Administration (FDA). These products are not intended to diagnose, treat, cure, or prevent any disease. ROOT is a company founded on improving people's understanding of how toxins and chemicals can harm your health. Instead of focusing on symptoms, ROOT targets the underlying root cause with natural wellness.

The Root Brands

116 Wilson Pike Circle Suite 100, 37027, Brentwood

Website: <https://therootbrands.com>

info@therootbrands.com

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