

Hi, {{ contact.FIRSTNAME }}

Rahm Report

There are more than 80 novel autoimmune disorders. However, even though each one is unique, they all share the fact that each of them are signs of the body's immune system failing. They each, in some way wrongly attack the good cells and good functioning processes in our bodies, instead of attacking the foreign cells and negative cells that need to leave the body for the it to be healthy and function correctly. A few of the autoimmune disorders target one organ, but most of them focus on the whole body in various approaches. While we do not know exactly why autoimmune disorders occur, we do know that certain individuals have a higher chance than others of having disorders. For example, women have almost twice of a chance of having autoimmune disorders than men, particularly during childbearing years (ages 15 to 44). Also, certain autoimmune disorders run in families or are more prevalent in certain cultures. Finally, we do know that environmental factors can TRIGGER the inflammatory cascade that can start the onset of some of these disorders. Environmental factors include, but are not limited to, viruses, bacteria, parasites, fungus, heavy metals, and pollution.

Symptoms of autoimmune diseases are comparatively and profoundly individualized. A similar condition can present in one way with one person and be completely different in another person. Early symptoms of autoimmune problems usually include exhaustion, pain, rashes, fever, stomach issues, soreness in joints. It is important to recognize this and to seek professional help and/or to make sure that you personally take measures to address the issues surrounding your immune system dysfunction. Nutrition, sleep, and appropriate exercise can help. Additionally, mental and emotional stress reduction can assist with relief of some of the symptoms.

As the formulator at ROOT, it has been important to me to develop products that assist people of all ages and all circumstances. Life is hard and living this life is difficult at more times than it is not. But surrounding our lives with good things and good people is something that can make our lives easier. Similarly, if we surround our cells inside our body with good things, it can assist the body to have a happier and healthier environment on the inside of our bodies. I never claim to cure people or conditions. ROOT never claims to do this either.

What ROOT does is produce the best products possible from the best sources possible in order to help people give their bodies the best chance of getting better. In life when people go through war, sickness, or divorce, it impacts their entire lives.

On the inside of your body when you go through cancer, autoimmune disorders, or mental health issues, the entire body is impacted. Our mission at ROOT is to support our community no matter what is happening on the inside or outside of life.

Autoimmune disorders cause the body to be inflamed. One of the main goals at Root is to eradicate toxins and optimize health. Therefore, ROOT produces products that assist the body in stopping the inflammation that causes so many of the symptoms we have from different diseases and illnesses.

No matter what you are going through in life, ROOT is here as a community to support you. The products are also here to assist your body while you are living this life. Whether you are vaccinated or not, whether you are sick or not, the ROOT Brands is here to help eradicate the bad environmental factors outside of your body

and to optimize the good things inside your body. Again, life is hard at times. But life is better when you have great things surrounding you. ROOT is here to do that. I pray this provides you with hope as you begin your week and inspires you to be your best self and as there is only one of you!

Dr. Christina Rahm



SPECIAL ANNOUNCEMENT

Contacting Customer Service

Please note that you can no longer start a new conversation from an old email with us. You will have to go to our contact us page, directly email info@therootbrands.com, or use our chat feature on the bottom of the website. We have received a few question in the old platform. We will be shutting down that account this week so please communicate with your community that they will need to start a new conversation with us.

Sponsor Moves

Just a reminder we are not doing any moves unless it falls within 1 week of a registration and it was an error. Please do not reach out asking if it is outside of that date range.

New Facebook Page

We have moved to a new facebook page. If you are active on Facebook please make sure to give the page a follow by clicking below. We will no longer be active on our old page TheROOTBrand.

[Click here to follow us!](#)

Tiktok

Have you seen Claytons new Tiktok account? Click below to give a follow and see what he is up to

[Click here to follow us!](#)

Out Of Stock/Shipping Delays

Zero In - Due to the overwhelming demand and to ensure that we continue to serve our RPS members we have opened up Zero-In, Value Pack, and The Family Pack for RPS orders only. All customers can create an RPS order of any of the above items. We have another very large batch of Zero-In currently being produced.

Australia/New Zealand - We have been notified that the shipment of Zero-in has not only been released from customs but it has been delivered. There seems to be issues at the facility as they are saying otherwise. We will be able to share more details on the country call and look forward to seeing you this Wednesday/Thursday.

Please reach out if you have any questions
Info@therootbrands.com

ROOT Prime Members Call

Our Next RPS call will be August 1st, Monday 1pm CDT

Country Call Schedule

August 3rd - Break
August 10th - United Kingdom
August 17th - US/Canada
August 24th - Germany

Compliance Statement

All members of the ROOT Community must adhere to our strict company guidelines, and refrain from making medical claims or providing medical advice in conjunction with ROOT Wellness and our products, either verbally or in print. As a reminder, we are posting the FDA guideline below.

The following is an example of what you can use in your correspondence with customers:

The information provided is for educational purposes and is not intended as medical advice or a substitute for the medical advice of a physician or other qualified health care professional. We do not aim to diagnose, treat, cure or prevent any illness or disease. You should always consult with a doctor or other health care professional for medical advice or information about diagnosis and treatment. The information in this presentation has not been evaluated by the Food & Drug Administration or any other medical body.

FAILURE TO REMEDY OR RESPOND ONCE WARNED WILL RESULT IN SUSPENSION OF YOUR ACCOUNT

WEEKLY CALL SCHEDULE

MONDAY



ROOT University - Ambassador training with Clayton Thomas

Zoom link:
[https://us02web.zoom.us/j/84692612526?](https://us02web.zoom.us/j/84692612526?pwd=dU1yR1kza2o2ZDQrK2hnOFhINi9lQT09)
[pwd=dU1yR1kza2o2ZDQrK2hnOFhINi9lQT09](https://us02web.zoom.us/j/84692612526?pwd=dU1yR1kza2o2ZDQrK2hnOFhINi9lQT09)

Find your local number to dial in by phone:
[https://us02web.zoom.us/j/84692612526?](https://us02web.zoom.us/j/84692612526?pwd=dU1yR1kza2o2ZDQrK2hnOFhINi9lQT09)

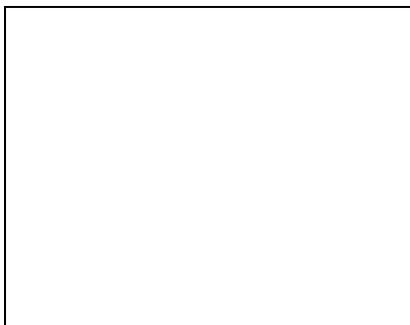
Meeting ID: 846 9261 2526
Passcode: 891630

Interpreters: German, Czech Republic, Slovenia

Time:
10:00 AM PDT
11:00 PM MDT
12:00 PM CDT (Nashville)
1:00 PM EDT
5:00 PM Ghana
6:00 PM GMT (UK, Nigeria)
7:00 PM CET, WAT (Netherlands, Germany, South Africa)
9:00 PM (Dubai)
3:00 AM (Tuesday) AEDT Melbourne

[Click Here To Join](#)

TUESDAY

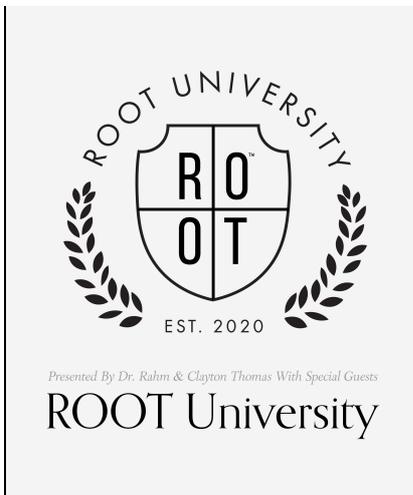


ROOT University with Dr Rahm and Clayton Thomas

Zoom Link:
[https://us02web.zoom.us/j/89849245403?](https://us02web.zoom.us/j/89849245403?pwd=bUFaZXFBMjR1UDVKOUe5RnNXbSs5UT09)
[pwd=bUFaZXFBMjR1UDVKOUe5RnNXbSs5UT09](https://us02web.zoom.us/j/89849245403?pwd=bUFaZXFBMjR1UDVKOUe5RnNXbSs5UT09)

Find your local number to dial in by phone:
[https://us02web.zoom.us/j/89849245403?](https://us02web.zoom.us/j/89849245403?pwd=bUFaZXFBMjR1UDVKOUe5RnNXbSs5UT09)

Meeting ID: 898 4924 5403



Passcode: 394499

Interpreters: German, Czech Republic, Slovenia

Time:
11:00 AM PDT
12:00 PM MDT
2:00 PM CDT (Nashville)
3:00 PM EDT
7:00 PM Ghana
8:00 PM GMT (UK, Nigeria)
9:00 PM CET, WAT (Netherlands, Germany, South Africa)
11:00 PM (Dubai)
5:00 AM (Wednesday) AEDT Melbourne

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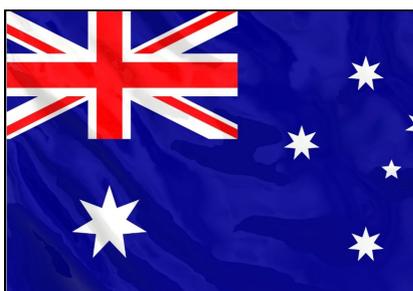
WEDNESDAY



Join us on Instagram Live!
Tune in to Dr. Christina Rahm's Instagram for a Q & A with her and Clayton Thomas

Time:
9:00 AM PDT
10:00 AM MDT
11:00 AM CDT (Nashville)
12:00 PM EDT
4:00 PM Ghana
5:00 PM GMT (UK, Nigeria)
6:00 PM CET, WAT (Netherlands, Germany, South Africa)
8:00 PM (Dubai)
2:00 AM (Thursday) AEDT Melbourne

[Click Here To Join](#)



Country Call - Australia

Zoom link below:
<https://us02web.zoom.us/j/81442997826?pwd=RjZRczlhNXpjYStQNjVJNXI1YUlsUT09>

Find your local number to dial in by phone:
<https://us02web.zoom.us/u/kcfV2rXBh7>

Meeting ID: 814 4299 7826
Passcode: 820633

Time:
5:00 PM CDT (Nashville)
8:00 AM (Thursday) Australia

[Click Here To Join](#)



Science Conversations with Dr. Christina Rahm

Please note that only members of ISNS will be able to join the call. If you are an ISNS member you will receive the link to join. Please note ISNS is not to be used for marketing purposes at all!

Translation - German

Time:
10:00 AM PDT



ISNS
INTERNATIONAL SCIENCE
NUTRITION SOCIETY

11:00 PM MDT
1:00 PM CDT (Nashville)
2:00 PM EDT
6:00 PM Ghana
7:00 PM GMT (UK, Nigeria)
8:00 PM CET, WAT (Netherlands,
Germany, South Africa)
10:00 PM (Dubai)
4:00 AM (Thursday) AEDT Melbourne

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SCIENCE CORNER



Omega-3

Fatty acids are a family of polyunsaturated fatty acids that play essential roles in the body and provide numerous health benefits. The three most important types are ALA(alpha-linolenic acid), DHA (docosahexaenoic acid), and EPA (eicosatetraenoic acid). ALA is among the most common omega-3 fatty acid and is obtained from plants. DHA is the most essential omega-3 fatty acid and plays a key role in the structural components of the eyes and brain. Omega-3s are used to stimulate signaling molecules which have various roles such as reducing inflammation and blood clotting. Research shows that omega-3 fatty acids can help protect against a variety of illnesses such as depression, ADHD, various inflammatory diseases, and even cancer. There are several ways to incorporate omega-3s into your diets such as eating more fish, seafood, walnuts, chia seeds, and flaxseed.



Medical Disclaimer

The information provided is for educational purposes only and is not intended as medical advice or a substitute for the medical advice of a physician or other qualified health care professionals. This information is not to be used for self-diagnosis. Please always consult with your doctor for medical advice or information about diagnosis and treatment. Statements have not been evaluated by the Food and Drug Administration (FDA). These products are not intended to diagnose, treat, cure, or prevent any disease. ROOT is a company founded on improving people's understanding of how toxins and chemicals can harm your health. Instead of focusing on symptoms, ROOT targets the underlying root cause with natural wellness.

The Root Brands

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Website: <https://therootbrands.com>

info@therootbrands.com

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