

Hi, {{ contact.FIRSTNAME }}

## Rahm Report

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We welcome a new month, so we decided to turn back the clock a bit.

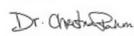
Last week we introduced a new product I have worked on for over a year and wanted to make available months ago due to the needs of the ROOT community. Time is always on our side if we manage it properly. Mitochondria Defense Shield when combined with the Trinity and its siblings could not only turn back the clock but slow the process of aging to change the way we look at age. Is 50 the new 40 or could it be just like you were in your 20's or 30's? We now have the choice.

The "anti-aging" industry is full of fluff and fillers intent on covering up the signs of your internal struggle to manage your city. Gone are the days when we need makeup or toxic injections to fend off father time. Our skin and our appearance are a direct projection of how we take care of our inner universe. Think of the term lipstick on a pig, Clayton loves to use this analogy to explain how we try to cover the real problems. Beauty is not skin deep, it is cellular. Healthy amazing cells, every cell, shine when provided the opportunity to flourish in a less toxic, nutrient-dense, high-energy environment. Give Me Back My Youth provides a catalyst for systemic repair and regeneration of collagen and connective tissue. To do this properly, you need ample amounts of cellular energy. Energy by definition is the ability to do work. We understand energy is typically produced in a power plant of some source. The power plant of our body resides in every cell, the mitochondria. Mitochondrial Defense is the key collaborator in this process by feeding your gut the strategic combination needed to promote cellular NAD production providing every cell in your body the energy it needs to create . . . greatness. Higher levels of NAD create improved cellular energy and extend the life of your cells while also slowing the aging process.

Healthy happy energetic cellular functions present an amazing youthful glow on the outside.

Here's to the new you.

With love and light  
Dr. Christina Rahm



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### THE WEEKEND REPORT

**Mitochondria Defense  
Shield is LIVE**

This new product is available for purchase and can be added to your RPS cart.



**Adults:** Take 1 capsule a day.  
Store in a cool-dry place.

### Supplement Facts

Serving Size: 1 Capsules    Servings per Container: 60

	Amount Per Serving	% DV
Vitamin C	100mg	166%
Vitamin D	80mcg - 3200 IU	800%
Vitamin K2	80mcg	100%
Magnesium oxide	50mg	12%
OmniMin™ AC	25mg	†
Quercetin	50mg	†
β-Nicotinamide Adenine Dinucleotide (NAD)	6mg	†

† Daily value (DV) not established.

(Product of USA)

Ingredients: Vitamin C, Vitamin D, Vitamin K2 as Menaquinone-4, Quercetin, Magnesium oxide, OmniMin™ Traceminerals, β-NAD.  
Other ingredients: veggie capsules.

## New Facebook Page

We have moved to a new facebook page. If you are active on Facebook please make sure to give the page a follow by clicking below. We will no longer be active on our old page @TheROOTBrand.

[Click here to follow us!](#)

## Dr. Rahm is on Telegram

Subscribe to her telegram channel to see all of the latest things. Click below to subscribe

[Click here to subscribe!](#)

## Out Of Stock/Shipping Delays

**International Shipments** - We have been made aware that due to holiday travel that packages are being shipped back to our logistic partners because they are not being picked up at the local post office. Please make sure that you are tracking your shipment when you receive the confirmation email with the link so you do not miss your package being delivered.

**Zero-In** - Due to the overwhelming demand and to ensure that we continue to serve our RPS members we have opened up Zero-In, Value Pack, and The Family Pack for RPS orders only. All customers can create an RPS order of any of the above items. We have another very large batch of Zero-In currently being produced.

**Australia/New Zealand** - We have been notified that the shipments of Zero-In have been sent back to customs and we have sent in all of the documentation again. We have split all orders that contained Zero-In up to July 29th. If you are missing Zero-In from your order it will be shipped out as soon as it is loaded into our facility. We are hoping to resolve this as soon as possible. Give Me Back My Youth is being loaded in and will start shipping again this week.

**Europe** - We are currently sending more Give Me Back My Youth to our logistics partner. The shipment will arrive this week to fulfill the orders from last week after our stock was cleared out.

Please reach out if you have any questions  
hello@therootbrands.com

## ROOT Prime Members Call

Our next RPS call will be Monday September 12th.

## Country Call Schedule

August 17th - US/Canada  
August 24th - Germany  
August 31st - Czech Republic  
Sept 7th - Break due to travel

## Compliance Statement

All members of the ROOT Community must adhere to our strict company guidelines, and refrain from making medical claims or providing medical advice in conjunction with ROOT Wellness and our products, either verbally or in print. As a reminder, we are posting the FDA guideline below.

**The following is an example of what you can use in your correspondence with customers:**

The information provided is for educational purposes and is not intended as medical advice or a substitute for the medical advice of a physician or other qualified health care professional. We do not aim to diagnose, treat, cure or prevent any illness or disease. You should always consult with a doctor or other health care professional for medical advice or information about diagnosis and treatment. The information in this presentation has not been evaluated by the Food & Drug Administration or any other medical body.

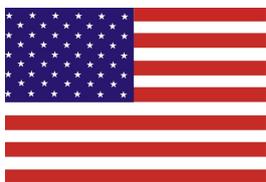
**FAILURE TO REMEDY OR RESPOND ONCE WARNED WILL RESULT IN SUSPENSION OF YOUR ACCOUNT**

## JULY COUNTRY TOP 10

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#1 Germany



#2 United States



#3 Austria



#4 Switzerland



#5 United



#6 Canada



#7 Slovenia



#8 Australia



#9 Belgium

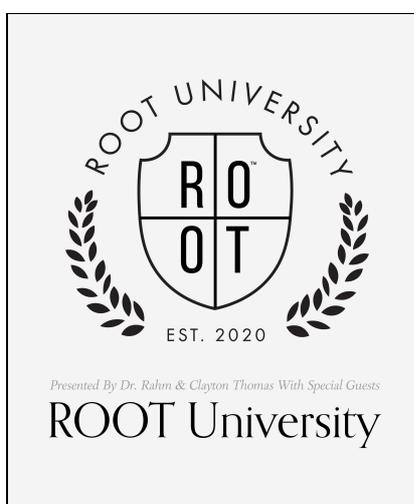


#10 Czech Republic

## WEEKLY CALL SCHEDULE

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### TUESDAY



#### **ROOT University with Dr Rahm and Clayton Thomas**

Zoom Link:  
[https://us02web.zoom.us/j/89849245403?](https://us02web.zoom.us/j/89849245403?pwd=bUFaZXFBMjR1UDVKOUe5RnNXbSs5UT09)  
[pwd=bUFaZXFBMjR1UDVKOUe5RnNXbSs5UT09](https://us02web.zoom.us/j/89849245403?pwd=bUFaZXFBMjR1UDVKOUe5RnNXbSs5UT09)

Find your local number to dial in by phone:  
<https://us02web.zoom.us/j/89849245403?pwd=bUFaZXFBMjR1UDVKOUe5RnNXbSs5UT09>

Meeting ID: 898 4924 5403  
Passcode: 394499

Interpreters: German, Czech Republic, Slovenia

Time:  
12:00 PM PDT  
1:00 PM MDT  
2:00 PM CDT (Nashville)  
3:00 PM EDT  
7:00 PM Ghana  
8:00 PM GMT (UK, Nigeria)  
9:00 PM CET, WAT (Netherlands, Germany, South Africa)  
11:00 PM (Dubai)  
5:00 AM (Wednesday) AEDT Melbourne

[Click Here To Join](#)

### WEDNESDAY



**Join us on Instagram Live!**  
Tune in to Dr. Christina Rahm's Instagram for a Q & A with her and Clayton Thomas

Time:  
9:00 AM PDT  
10:00 AM MDT  
11:00 AM CDT (Nashville)  
12:00 PM EDT  
4:00 PM Ghana  
5:00 PM GMT (UK, Nigeria)  
6:00 PM CET, WAT (Netherlands, Germany, South Africa)  
8:00 PM (Dubai)  
2:00 AM (Thursday) AEDT Melbourne

[Click Here To Join](#)



### Country Call - United Kingdom

Zoom link below:  
[https://us02web.zoom.us/j/81442997826?](https://us02web.zoom.us/j/81442997826?pwd=RjZRczlhNXpjYStQNjVJNXI1YUlsUT09)  
[pwd=RjZRczlhNXpjYStQNjVJNXI1YUlsUT09](https://us02web.zoom.us/j/81442997826?pwd=RjZRczlhNXpjYStQNjVJNXI1YUlsUT09)

Find your local number to dial in by phone:  
<https://us02web.zoom.us/u/kcfV2rXBh7>

Meeting ID: 814 4299 7826  
Passcode: 820633

Time:  
1:00 PM CDT (Nashville)  
7:00 PM UK

[Click Here To Join](#)

## SCIENCE CORNER

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### Aloe Vera

Is most commonly used to relieve sunburns and help wounds heal. Did you know that it can be useful for so much more than just sunburns? Aloe has been utilized for its medicinal properties dating back to ancient Egypt. Aloe vera contains active ingredients such as vitamins, minerals, and amino acids. Among these are vitamins A, C, E, and zinc, all of which act as very powerful antioxidants. Aloe vera contains 20 of the 22 amino acids and contains 7 of the 8 essential amino acids. Aloe may aid in easing digestion related issues such as gastroesophageal reflux disease (GERD) and heartburn. Aloe is considered a natural laxative and may aid in relieving constipation. Aloe can be included in your diet and your skincare routine. You can drink the juice, add it to smoothies, or eat a Root Restore, which contains aloe vera along with other nutrients, vitamins, and minerals.



**Medical Disclaimer**  
The information provided is for educational purposes only and is not intended as medical advice or a substitute for the medical advice of a physician or other qualified health care professionals. This information is not to be used for self-diagnosis. Please always consult with your doctor for medical advice or information about diagnosis and treatment. Statements have not been evaluated by the Food and Drug Administration (FDA). These products are not intended to diagnose, treat, cure, or prevent any disease. ROOT is a company founded on improving people's understanding of how toxins and chemicals can harm your health. Instead of focusing on symptoms, ROOT targets the underlying root cause with natural wellness.

## The Root Brands

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